Lara Lake Primary

2021 Canteen Menu

Please provide a brown paper bag with Name, grade & lunch order (**NO** tape or staples please).
If needed a bag can be provided for 10c. Please remind your child when ordering a Slushy or frozen treat to bring their bag up to the canteen at lunch time for collection.
BBQ & Tomato sauce 30c extra.
Thanks Leeann.
Please ask about gluten free options

Healthy Choices				**Brain Food**			
Pita Wraps - *your choice of (ham, chicken*				Stringers *(cheese)* *		$ 1.10	
*or egg**) with salad*	Whole-	$ 4.80		Jelly & fruit		$ 1.20	
	Half-	$ 3.30		Jelly		$ 1.00	
Garden Salad *(chicken or ham)*		$ 4.80		Cheese* & crackers		$ 1.40	
Fresh Fruit Salad	Small-	$ 1.70		Rice cakes		$ 0.20	
	Large-	$ 3.30		Fruit *(in season)*		$ 1.00	
				Bertie bolied egg**		$ 0.80	
Sandwiches				Carrot stick		$ 0.05	ea
Wholemeal/white/**Rolls extra 60c**				Crackers & dip		$ 1.20	
Salad *(no meat)*		$ 3.60		Mini yoghurt*		$ 1.30	
Light ham & salad		$ 3.80		Mini yoghurt* & fruit		$ 1.60	
Egg** & Salad		$ 3.80					
Chicken		$ 3.80		**Drinks**			
Chicken & Salad		$ 4.40		Big M* *(chocolate/strawberry)*		$ 2.20	
Chicken & avocado		$ 4.40		Slushy Ice drink *(pear juice base)*		$ 2.20	
Egg** & lettuce		$ 3.40		*(cola, grape, strawberry, raspberry, carnival kick)*			
Light ham		$ 3.10		*(shocker 20c extra)*			
Light cheese*		$ 2.80		Hot chocolate*		$ 1.70	
Light ham & cheese*		$ 3.20		Milkshake* *(chocolate, strawberry, banana,*		$ 3.00	
Vegemite/Jam		$ 2.00		*caramel, lime, blue heaven, vanilla)*			
Rolls/gluten free bread (extra)		$ 0.60		Bottled water		$ 1.00	
Filling's (extra)		$ 0.50		Just juice *(apple-blackcurrant, orange, apple)*		$ 1.70	
Avocado (extra)		$ 0.50					
				Snack Food			
				Cookies* home made		$ 1.20	
Occasional Hot Foods				Muffins* home made	small	$ 0.90	
Lasagne* homemade		$ 4.00			large	$ 1.70	
Spaghetti* homemade		$ 4.00		JJ Snacks *(pizza, burger, chicken,*		$ 1.20	
Macaroni* homemade		$ 4.00		*salt & vinegar)*			
Fried rice** homemade		$ 4.00		Jumpies *(chicken, salt & vinegar)*		$ 1.00	
Vegetarian Lasagne* homemade		$ 4.00		Gingerbread people		$ 1.50	
Vegetarian Burger * **		$ 4.00		Pretzels		$ 1.00	
Hamburger with cheese *(lean meat, cheese,*		$ 4.00		Popcorn		$ 1.20	
lettuce, sauce)				Grain Waves		$ 1.20	
Chicken burger *(crumbed chicken pattie,*		$ 4.00		Red rock deli chips *(honey soy/sea salt)*		$ 1.20	
lettuce & mayo)							
Party pies		$ 1.10		**Frozen Treats**			
Sausage roll		$ 3.50		Mud buckets*		$ 1.00	
Baked Potato *(baked beans, cheese*,*		$ 4.50		Sprinkle buckets*		$ 1.00	
sour cream, coleslaw)*				Frozen natural pineapple juice		$ 1.00	
Pizza *(Hawaiian*)*		$ 3.70		Frozen pineapple slices		$ 0.30	
Pizza *(Margarita*)*		$ 3.70		Icy twist		$ 1.00	
Sweet Chilli Wrap *(chicken strips, lettuce,*		$ 4.70		Mini Calippo *(raspberry-pineapple)*		$ 1.00	
mayo & sweet chilli sauce wrapped in a tortilla)				Frozen jelly fruits (squeezys)		$ 0.50	
Fantastic noodles *(chicken/beef)*		$ 3.00		Quelch *(99% juice)*		$ 0.50	
Dino Snacks *(oven cooked chicken breast*	3x	$ 2.00		Paddle pops* *(chocolate,rainbow, bubblegum)*		$ 1.50	
in tempura batter)	6x	$ 3.80		Moosie* *(blue moon)*		$ 1.20	
	10x	$ 5.20					
Tomato & BBQ sauce		$ 0.30		**Mad Monday ONLY**			
Dim sims *(steamed only)*		$ 1.00		Hotdog		$ 2.80	
				Hotdog with Cheese*		$ 3.00	
Toasted Sandwiches				Sauce (extra)		$ 0.30	
Chicken & cheese*		$ 4.20		**Wacky Wednesday ONLY**			
Light ham		$ 3.20		Nachos *(salsa, sour cream*, cheese*)*		$ 3.80	
Light cheese*		$ 3.00					
Ham, cheese* & tomato		$ 3.60					
Ham & pineapple		$ 3.40					
Baked beans/spaghetti		$ 3.00					
Ham & cheese*		$ 3.40		*Contains lactose. **Contains egg.			
Ham, cheese*, pineapple		$ 3.60					